



## Child Internet Safety For Parents



- Discuss internet safety and develop an online safety plan with children before they engage in online activity. Establish clear guidelines, teach children to spot red flags, and encourage children to have open communication with you.
- Supervise young children's use of the internet, including periodically checking their profiles and posts. Keep electronic devices in open, common areas of the home and consider setting time limits for their use.
- Review games, apps, and social media sites before they are downloaded or used by children. Pay particular attention to apps and sites that feature end-to-end encryption, direct messaging, video chats, file uploads, and user anonymity, which are frequently relied upon by online child predators.
- Adjust privacy settings and use parental controls for online games, apps, social media sites, and electronic devices.
- Tell children to avoid sharing personal information, photos, and videos online in public forums or with people they do not know in real life. Explain to your children that images posted online will be permanently on the internet.
- Teach children about body safety and boundaries, including the importance of saying 'no' to inappropriate requests both in the physical world and the virtual world.
- Be alert to potential signs of abuse, including changes in children's use of electronic devices, attempts to conceal online activity, withdrawn behavior, angry outbursts, anxiety, and depression.
- Encourage children to tell a parent, guardian, or other trusted adult if anyone asks them to engage in sexual activity or other inappropriate behavior.
- Immediately report suspected online enticement or sexual exploitation of a child by calling 911, contacting the FBI at [tips.fbi.gov](https://www.fbi.gov/tips), or filing a report with the National Center for Missing & Exploited Children (NCMEC) at 1-800-843-5678 or [report.cybertip.org](https://www.fbi.gov/cyber)

Information From: Justice.com

**For more information or resources, please contact S.a.M. Child Advocacy Center**

704 S. Garnett St.  
Henderson, NC 27536  
Phone: 252-572-4112  
Fax: 252-557-2089

Email: [samcac15@gmail.com](mailto:samcac15@gmail.com)



## Internet Safety for Kids and Teens



- Follow the family rules, and those set by the Internet service provider.
- **Never** post or trade personal pictures. This includes, but not limited to Snapchat, text, Instagram, FaceTime, all other forms of communication. Once photos are sent through any type of communication, they are out there forever.
- Never reveal personal information, such as address, phone number, or school name or location.
- Use only a screen name and don't share passwords (other than with parents).
- **NEVER** agree to get together in person with anyone met online or that you do not know. People can pretend to be someone they are not.
- Never respond to a threatening email, message, post, or text.
- **Always** tell a parent or other trusted adult about any communication or conversation that was scary, hurtful, threatening, etc.

Information from: Kidshealth.org

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### **Know the Facts:**

**One in five U.S. teenagers** who regularly log on to the Internet say they have received an unwanted sexual solicitation via the Web. Solicitations were defined as requests to engage in sexual activities or sexual talk, or to give personal sexual information.

*-Crimes Against Children Research Center*

**25%** of children have been exposed to unwanted pornographic material online.

*-Crimes Against Children Research Center*

Only **33%** of households with Internet access are actively protecting their children with filtering or blocking software.

*-Center for Missing and Exploited Children*

**75%** of children are willing to share personal information online about themselves and their family in exchange for goods and services.

*-eMarketer*

Only approximately **25%** of children who encountered a sexual approach or solicitation told a parent or adult.

*-Crimes Against Children Research Center*

**One in 33** youth received an aggressive sexual solicitation in the past year. This means a predator asked a young person to meet somewhere, called a young person on the phone, and/or sent the young person correspondence, money, or gifts through the U.S. Postal Service.

*-Your Internet Safety Survey*

**77%** of the targets for online predators were age 14 or older. Another 22% were users ages 10 to 13.

*-Crimes Against Children Research Center*

**Over 50%** of adolescents and teens have been bullied online, and about the same number have engaged in cyber bullying.

*i-SAFE Foundation*

**Only 10%** of teens tells a parent if they have been a cyber bully victim.

*Harford County Examiner*

More than **33%** of young people have experienced threats online.

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